

**TORU WATANABE'S MENTAL DEVELOPMENT IN NORWEGIAN
WOOD NOVEL (1987) BY HARUKI MURAKAMI: AN INDIVIDUAL
PSYCHOLOGICAL APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of the Requierments
for Getting Bachelor Degree of Education
in English Department**

by

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**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2018

APPROVAL

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Approved to be Examined by the Consultant

A handwritten signature in black ink, appearing to read 'Dewi Candraningrum', with a long horizontal stroke extending to the right.

(Dewi Candraningrum, Dr., Phil.)

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ACCEPTANCE

Research Paper

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Herewith, I testify that in this research paper there is no plagiarism of the previous literary work which has been raised to obtain bachelor degrees of university, nor there are other work or written text which have been written or published by others, except those in which the writing are referred manuscript and mentioned in the literary review and bibliography.

Hence, later, if it is proven that there are some untrue statements in this testimony, I will hold fully responsibility.

Surakarta, 17 January 2018

Doni Kurniawan



MOTTO

Hard effort will not betray you.

DEDICATION

My beloved father and mother

All my friends

And Jessica Veranda

ACKNOWLEDGEMENT

Bismillahirrohmannirrohim

Praise for Allah for blessing and gift of grace so that i can finish this paper as partial fulfillment of the requirement for Bachelor Degree in English Department. In this opportunity, I would like to express my gratitude and appreciation to:

1. Dr. Phil. Dewi Chandraningrum, the researcher's consultant who has advised and guided her during the arrangement of this research paper.
2. Maryadi, Drs. MA as the academic consultant.
3. Thanks to all the lecturers who have taught their knowledge to me.
4. My beloved Father and Mother who always give support, motivation, and thank you for your love for all this time. Thank you for your prayers. You are real hero in my life.
5. Thanks to all of my friends that I could not mention their name one by one

For all, I can present nothing but the deepest thank and I hope Allah SWT will bless all of you. I really aware this research paper is far from being perfect. Therefore, I hope it can evoke some criticism for improvement

Abstract

This research aims to describe individu's mental health when he/she leaved die by people's closest. Sense of loneliness, frustration, displacement have be depicted within Norwegian Wood Novel by Haruki Murakami. Within this novel also shown sexuality that wrapped by feminism, and it's an interpretation of human life. This research is a descriptive qualitative research that uses theory of psychological approach. The researcher uses novel Norwegian Wood by Haruki Murakami works as a data source. This research shows that the feeling's Watanabe at the time to feel confusion about everything that he is not understood it. Preceded by no reportedly Naoko at one day after they making love, then Watanabe search Naoko in her apartement. It turns out Naoko go home to their area which they came from, namely Kobe. Then, Watanabe repeatedly sent a letter of Naoko, but not replied. Until a few moment later, Naoko reply his letter and she tell that she now reside at a place of psychiatric rehabilitation. Of course clearly how feel who experienced by Watanabe when know it. The girl who loved and has made love at the time, recent she is doing medical treatment to treat the her mental disorder. Watanabe also remember that it was first time the Naoko have sex, after doing it, Naoko crying.

Keywords: *Norwegian Wood*, Mental Development, *Psychological Individual Theory*.

Abstrak

Penelitian ini bertujuan untuk mendeskripsikan kesehatan mental individu ketika ditinggal mati oleh orang-orang terdekat. Rasa kesepian, frustrasi, pelampiasan, telah digambarkan dalam novel *Norwegian Wood* karya Haruki Murakami. Dalam novel ini juga diperlihatkan seksualitas yang dibungkus oleh feminisme dan merupakan sebuah interpretasi atas kehidupan manusiawi. Penelitian ini adalah penelitian deskriptif kualitatif menggunakan Teori Psychological Approach. Peneliti ini menggunakan novel *Norwegian Wood* karya Haruki Murakami sebagai sumber data.. Penelitian ini menunjukkan bahwa perasaan Watanabe saat itu tentu merasa kebingungan akan semua hal yang tidak dimengertinya. Diawali oleh tidak ada kabarnya Naoko saat satu hari setelah mereka tidur, lalu Watanabe mencarinya di apartemennya. Ternyata Naoko pulang ke daerah mereka berasal yaitu Kobe. Selanjutnya Watanabe berulang kali mengirim surat pada Naoko, namun tidak dibalas. Hingga beberapa saat kemudian, Naoko membalas suratnya dan mengatakan bahwa dirinya sekarang tengah berada pada suatu tempat rehabilitasi kejiwaan. Tentu terlihat jelas bagaimana perasaan yang dialami oleh Watanabe ketika mengetahui akan hal itu. Gadis yang dicintainya dan telah ditidurinya saat itu sekarang tengah berobat untuk mengobati gangguan mentalnya. Watanabe juga mengingat bahwa saat itu merupakan saat pertama kalinya Naoko melakukan hubungan seks, setelah melakukan itu Naoko menangis.

Kata Kunci: *Norwegian Wood*, Kesehatan mental, teori *psychological individual*.

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